

**Bright Future
Lactation
Resource
Centre**

Prepare for the IBLCE
Lactation Consultant
Examination

**Lactation
Management
Course**



**January 22-26,
2018**

BP Energy Center
900 E Benson Blvd,
Anchorage, AK 99508

***Lactation Management
Course***

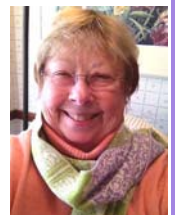
This course is a comprehensive review of the skills and knowledge needed for evidence-based professional lactation consultant practice. The course will help prepare candidates for the certification examination sponsored by the International Board of Lactation Consultant Examiners (IBLCE).

Six days of instruction and three independent-study clinical exercises conclude with a practice exam to identify strengths and gaps in skill and knowledge. Interactive activities, slides and videos, and skill-building techniques create a uniquely warm and supportive learning environment.

**Bright Future Lactation
Resource Centre's mission is
*Supporting the People who
Support Breastfeeding***

Linda J. Smith, MPH, IBCLC

Author of 4 lactation textbooks;
internationally-known speaker
& consultant; delegate to the
United States Breastfeeding
Committee



Course Objectives and Accreditation

Upon completion* of the course, participants will be able to:

1. Explain the biological processes involved in breastfeeding and human lactation
2. Describe psychological, sociological, and cultural issues affecting breastfeeding families
3. Explain pharmacological principles affecting the breastfeeding dyad
4. Interpret research findings that pertain to lactation and the mother-baby breastfeeding dyad
5. Discuss Legal, ethical, and professional issues of lactation consultant practice
6. Describe public health aspects and implications of breastfeeding
7. Explain normal and abnormal variations and conditions pertinent to the course of lactation
- 8.



- Demonstrate appropriate counseling skills that support breastfeeding women
9. Demonstrate clinical assessment, management skills, & use of breastfeeding equipment
10. Demonstrate test-taking strategies by completing a simulated examination

The 2018 course is approved for 90 CERPs by the International Board of Lactation Consultant Examiners (IBLCE) and is approved by the Lactation Education Accreditation and Approval Review Committee (LEAARC).

Participants have options for the number of CERPs they will receive, ranging from 45 to 90.

Course Agenda

Day 1: 9 am to 5 pm: Overview; principles of lactation management; breast anatomy and milk synthesis; infant physiology, suck, and milk transfer including positioning and latch-on at breast; assessing a breastfeed; skills practice. *(Please bring a newborn-size doll for skills practice)*

Day 2: 9 am to 5 pm: Biochemistry of human milk; short and long-term affects of infant diet and feeding; milk collection & storage, donor milk banking; pharmacology and maternal medications; global policies; resources and educational tools.

Day 3: 9 am to 5 pm: Lifecycle of the mother-baby dyad and breastfeeding relationship; growth patterns; family foods; weaning; sleep issues; politics of breastfeeding including WHO Code; Communication & counseling skills.

Day 4: 9 am to 5 pm: Breast pathology; clinical skills: ABC protocol, problem assessment; equipment and technology; Maternal health issues during lactation, fertility, multiple births, social and cultural issues, employmentLegal and ethical issues, LC role and scope of practice guidelines.

Day 5: 9 am to 5 pm : Special babies and infant illness, Prematurity, jaundice, allergy, supplementation, establishing and restoring breastfeeding, case studies and action plans; Interpretation of research & statistics; course review; implementation in practice settings; submission of clinical exercises; test-taking and study strategies; practice exam, scoring and discussion; course evaluation.

CERP options:

45 CERPs: Attend the course and submit 5 Clinical Exercises (15 hours) before the end of the course.
90 CERPs: Attend the course and submit 20 Clinical Exercises (60 hours) before March 1, 2018.

BRIGHT FUTURE LACTATION RESOURCE CENTRE

6540 Cedarview Court, Dayton Ohio 45459-1214
Phone 937-438-9458; Email: Lindaj@bflrc.com
www.BFLRC.com

The BP Energy Center is located at 900 E Benson Blvd, Anchorage, AK 99508, phone [\(907\) 743-4270](tel:9077434270) .

DO NOT contact the BP Center for course information.

Early registration is advised, as course size is limited. Registrations must be accompanied by tuition. Cancellations must be made in writing; those cancellations received less than 14 days prior to the course start date will be assessed a \$25 fee. No refunds will be made after the course has begun, for partial attendance, or for no-shows.

Confirmation, lodging information, and reading recommendations will be sent by email. All meals and snacks are "on your own." The course materials are protected by international copyright laws. Photographic and/or electronic recording is prohibited. Exceptions must be requested in writing in advance.

The Residence Inn is adjacent to the BP Energy Center; other hotels are nearby.

BFLRC supports the *Innocenti Declaration* and recognizes that observing real babies and their mothers is a central part of breastfeeding education. Therefore breastfeeding babies are welcome to remain with their mothers during the entire course. The classroom is not suitable for mobile toddlers or loud children.

Registration

Name (please print legibly)

Organization or affiliation

Credentials (RN, RD, etc)

SSN (required for CERP credit)

Home Address

City, State, Zip

Home E-mail

Home Phone

Cell Phone

Tuition \$975.00*

* Includes ~500-page syllabus

Check enclosed

Visa or Master Card

Credit Card # (we accept Visa or MasterCard only)

Exp. date

Signature