

**The 25th Annual
Alaska Breastfeeding Conference**
“Breastfeeding In Alaska: A Public Health Imperative”
AGENDA-AT-A-GLANCE

There is no conflict of interest for any planner or presenter of this activity.

Thursday, April 27 - Day 1			
Time(s)	Title	Presenter	Credit Hours
8:00-8:15	Opening		
8:15-9:15	Vitamin D Supplements	<i>Lindsey Hurd Reeves, MS. RD, LDN, IBCLC, CD(DONA)</i>	1.0
9:15-10:30	Insufficient Glandular Tissue (IGT)	<i>Lisa Marasco, MA, IBCLC, FILCA</i>	1.25
10:30-10:45	BREAK		
10:45-12:00	The Role of Breastfeeding in Obesity Prevention	<i>Lindsey Hurd Reeves, MS. RD, LDN, IBCLC, CD(DONA)</i>	1.25
12:00-1:00	LUNCH		
1:00-2:00	Thyroid Dysfunction: How the “Other” Master Gland can Affect Lactation	<i>Lisa Marasco, MA, IBCLC, FILCA</i>	1.0
2:00-2:15	BREAK		
2:15-3:30	Bottlefeeding the Breastfed Baby: Concentrating on What’s in The Bottle/Decoding Supplements	<i>Lindsey Hurd Reeves, MS. RD, LDN, IBCLC, CD(DONA)</i>	1.25
3:30-3:45	BREAK		
3:45-5:00	Postpartum Nutrition During Breastfeeding	<i>Lindsey Hurd Reeves, MS. RD, LDN, IBCLC, CD(DONA)</i>	1.25
5:00-5:15	Course Evaluation		.25
Friday, April 28 - Day 2			
8:00-8:15	Opening		
8:15-9:45	Insulin Dysregulation/PCOS Update: What We’ve Learned	<i>Lisa Marasco, MA, IBCLC, FILCA</i>	1.5
9:45-10:00	BREAK		
10:00-11:30	Food Intolerance and Allergies in the Breastfed Baby	<i>Lindsey Hurd Reeves, MS. RD, LDN, IBCLC, CD(DONA)</i>	1.5
11:30- 12:30	LUNCH		
12:30-1:30	Meeting Mothers Where They’re At: Ethical Guidelines When Talking About Alternative Therapies	<i>Lisa Marasco, MA, IBCLC, FILCA</i>	1.0
1:30-2:45	The Relationship of Breastfeeding to Public Health in Alaska	<i>Jay Butler, MD, CPE, FAAP, FACP, FIDSA</i>	1.25
2:45-3:00	BREAK		
3:00-4:15	Intro. To Complementary Foods, Establishing Health Nutrition Practices for Life	<i>Lindsey Hurd Reeves, MS. RD, LDN, IBCLC, CD(DONA)</i>	1.25
4:15-5:30	Herbal Galactogogues: An Option for Low Milk Supply	<i>Lisa Marasco, MA, IBCLC, FILCA</i>	1.25
5:30-5:45	Course Evaluation		.25

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Disclosures:

1. Criteria for successful completion: Participants must be present for each session they claim credit for and must complete evaluation at the end of each day to receive credit.
2. There is no conflict of interest for any planner or presenter of this activity.
3. This continuing nursing education activity was approved by the Montana Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.
4. The presence of any organization, product, or service in the conference gathering area does not imply endorsement by the Alaska Breastfeeding Coalition.

**We are going green! Please help us help the environment by filling out the evaluation electronically on Survey Monkey. Everyone who completes the survey before May 5 will be entered to win a \$50 gift card! Your comments are valuable to us! Type in this link to begin filling out your evaluation...
<https://www.surveymonkey.com/r/HS8FN6N>**

Don’t Miss the Lactation Management Course

January 22, 2018 through January 26, 2018

Cost is \$849.00

Instructor: Linda J. Smith

Linda Smith is a lactation consultant, childbirth educator, author, and internationally-known consultant on breastfeeding and birthing issues. Linda is ILCA’s liaison to the World Health Organization’s Baby Friendly Hospital Initiative and consultant to INFACT Canada/IBFAN North America. As a former La Leche League Leader and Lamaze-certified Childbirth Educator, she provided education and support to diverse families over 35 years in 9 cities in the USA and Canada. Linda has worked in a 3-hospital system in Texas, a public health agency in Virginia, and served as Breastfeeding coordinator for the Ohio Department of Health. Linda was a founder of IBLCE, founder and past board member of ILCA, and is a delegate to the United States Breastfeeding Committee from the American Breastfeeding Institute. Linda earned a Master Degree in Public Health through the Boonshoft School of Medicine at Wright State University in 2011.

45 Credit hours/ CERPs possible (with pre-course work). This is half the amount needed to sit the exam for the first time! Application is also being made for Nursing CEUs.